

# November

2019

October						
S	M	T	W	T	F	S
	6	7	8	9	10	11
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Chen	29 Chen	30 Chen	31 Chen	1 Alex
				Apple Wheat Thins, 1%Milk
				Dumplings w/ Meat and Vegetables, Orange, 1% Milk
				Honey Maid, Celery Sticks
4 Chen	5 Chen	6 Chen	7 Chen	8 Xiaojie
Banana, Wheat Cereal, 1% Milk	Pear,Waffle, 1% Milk	Apple Wheat Thins, 1% Milk	Orange, WG Toast, 1% Milk	Dinnerroll, Orange, 1% Milk
WG Toast, Edamame , Ham, Melon, 1% Milk	Fried Rice w/ Eggs, Seaweed, Vegetables, Pear 1%Milk	Radish and Carrot Chicken Soup, Bread, Melon, 1%Milk	Mac&Cheese, Celery Sticks, Apple, 1%Milk	Pizza w/ Pep, Broccoli, Honey Dew, 1%Milk
Baby Carrot, Tortilla Chips	Cheese Slice, Watermelon	Animal Cracker, Orange	Honey Dew, Cheezit	Honey Maid, Baby Carrot
11 Chen	12 Chen	13 Chen	14 Chen	15 Alex
Grapes, Waffle, 1% Milk	Pancake, Apple, 1% Milk	Orange, WG Cracks, 1% Milk	Honey Maid, Pears, 1% Milk	Wheat Thins, Apple, 1% Milk
WG Sandwich w Peanutbutter, Broccoli, Sausage, Apple, 1%Milk	Curry Beef w/ Carrot, Potato, Celery, Rice, Honeydew, 1% Milk	Chicken Pumpkin Soup, Melon, 1% Milk	Pasta w/ Meat, Tomato, Broccoli, Apple, 1% Milk	Dumplings w/ Meat and Vegetables, Orange, 1% Milk
Cheese Slice, Banana	Celery, Animal Cracker	Banana, Animal Cracker	Ritz Crackers, Yogurt	Honey Maid, Baby Carrot
18 Chen	19 Chen	20 Chen	21 Chen	22 Xiaojie
Wheat Thins, Banana, 1% Milk	Waffle, Apple, 1% Milk	Wheat Cereal, Grapes, 1% Milk	Animal Crackers, Orange, 1%Milk	Honey Maid, Apple, 1% Milk
WG Sandwich, Peanut Butter, Salami, Avacado, Apple, 1%Milk	Tomato stir-fried egg w/ rice, pear, 1%Milk	Squash Soup wi/ Sausage slice, Melon,1%Milk	Pasta w/ Meat, Tomato, Broccoli, Blueberry, 1% Milk	Toufu stir-fried carrots and meat, Orange, 1% Milk
Baby Carrot, Ritz Cracker	Animal Cracker, Orange	Honey Maid, Apple	Tortilla Chips, Cheese Slice	Baby Carrot, Breztel
25 Chen	26 Chen	27 Chen	28 School Close	29 Alex
Waffle, Banana, Waffles	Pancake, Apple, 1% Milk	Orange, WG Cracks, 1% Milk		Orange, WG Toast, 1% Milk
WG Sandwich, Avacado, Ham, Grapes, 1% Milk	Curry Chicken w/ Carrot, Potato, Celery, Rice, Honeydew, 1% Milk	Chicken Pumpkin Soup, Melon, 1% Milk	Happy Holiday!	Turkey Slice, Smash Potatoes, Broccoli, 1% Milk
Apple, Craker	Celery, Animal Cracker	Banana, Animal Cracker		Pumpkin Pie