

# April

2019

March							May						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
<b>Snack AM</b>	Grapes, Waffel, 1%Milk	Banana, Pancake, 1%Milk	Orange, Walnut Muffin, 1%Milk	Banana, Belvetia bar, 1%Milk	Apple, Wheat Thins, 1%Milk
<b>Lunch</b>	Corn, Polish Sausage, Cucumber Slices, Orange, 1%Milk	Curry Chicken, Carrot, Potatoes, Rice, Apple, 1%Milk	Bread with Sweet Potato, Ham, Broccoli, Apple, 1% Milk	Pasta with Meat, Tomato, Broccoli, Apple, 1% Milk	Dumplings with Meat and Vegetables, Orange, 1% Milk
<b>Snack PM</b>	Yogurt, Animal Crackers	Cheese, Celery	Ritz Cracker, Baby Carrot	Strawberries, Tortilla chips	Yogurt, Honey Maid
	8	9	10	11	12
<b>Snack AM</b>	Melon, Wheat Cereal, 1%Milk	Banana, Cheerios, 1%Milk	Blueberry Waffels, 1% Milk	Orange, Egg Tart, 1%Milk	Apple, French Toast, 1%Milk
<b>Lunch</b>	WG Sandwich, Peanut Butter, Salami, Baby Carrot, Apple, 1%Milk	Cheese Quesadillas, Celery Sticks, Apple, 1% Milk	Turkey Stew with Vegetables, Bread, Plum, 1Milk%	Baked Potatoes, Broccoli, Polish Sausages, Apple, 1%Milk	Pizza with Pepperoni, Vegetables, Orange, 1%Milk
<b>Snack PM</b>	Blueberries, Ritz Crackers	Tortillia chips, Yogurt	Banana chips, Smothie	Honey Maid, Yogurt	Cucumber, Cheezit
	15	16	17	18	19
<b>Snack AM</b>	Banana, Wheat Cereal, 1%Milk	Apple, Waffles, 1% Milk	Orange, Wheat Thins, Yogurt,	Banana, WG Rice Cereal, 1% Milk	Melon, Wheat Thins, Yogurt
<b>Lunch</b>	WG Toast, Celery, Ham, Melon, 1% Milk	Mac&Cheese with Shrimp, Broccoli, Peach, 1%Milk	Rice with Sweet Potato, Ham, Broccoli, Apple, 1% Milk	Pasta with Meat, Tomato, Broccoli, Apple, 1% Milk	Pepperoni pocket, Broccoli, Orange, 1% Milk
<b>Snack PM</b>	Cheese, Strawberries	Yogurt, Baby Carrot	Animal Crackers, Apple Slice	Ritz Crackers, Yogurt	Honey Maid, Celery
	22	23	24	25	26
<b>Snack AM</b>	Banana Muffin, 1%Milk	Pancake, Banana Slices , 1%Milk	Apple, Wheat Cereal, 1%Milk	Orange, Belvita Bars, 1%Milk	Apple Wheat Thins, 1%Milk
<b>Lunch</b>	WG Sandwich, Parsnip, Neuenberg Sausage, Melon, 1%Milk	Fried Rice with Eggs, Seaweed, Vegetables, Apple, 1%Milk	Chicken Rice Soup, Cucumber Slices, Orange, 1% Milk	Baked Sweet Potatoes, Baby Carrots, Apple, 1%Milk	Chicken Ravioli, Broccoli, Grapes, 1%Milk
<b>Snack PM</b>	Tortilla chips, Yogurt	Fruit chips, Cucumber	Banana, Cheezit	Celery, Yogurt	Baby Carrot, Ritz Cracker
	29	30	1	2	3
<b>Snack AM</b>	Blueberries, Waffles, 1%Milk	Banana, Wheat Cereal, 1%Milk			
<b>Lunch</b>	Mac&Cheese, Celery Sticks, Apple, 1%Milk	Corn, Polish Sausage, Baby Carrot, Apple 1%Milk			
<b>Snack PM</b>	Raspberries, Craker	Yogurt, Animal Crackers			